## Covid-19 Bulletin



## Self-isolation:

Has been widely reported, the law around self-isolation when you have coronavirus will be scrapped and be replaced by guidance to stay at home and away from vulnerable people.

#### From 24 February:

- People who test positive for COVID will no longer be bound by law to self-isolate
- 4 Adults and children who have the virus will be advised to self-isolate but this won't be a legal requirement
- Vaccinated contacts of people who have tested positive will no longer be asked to do daily lateral flow tests for seven days
- Contact tracing will end
- Support payments for people who would have previously self-isolated with COVID will end
- Businesses will no longer be legally required to tell staff to self-isolate if they have COVID

## **Testing:**

England's testing programme is being significantly wound down, with the government saying it is switching from widespread testing to surveillance and monitoring of coronavirus in England.

#### From 21 February:

- Staff and students in schools and colleges will no longer be advised to do twice-weekly lateral flow tests
- People will only be able to order packs of lateral flow tests from the government website every three days

## From 1 April:

Free universal testing for people with or without symptoms will end and be targeted more towards vulnerable groups

#### **COVID** and the workplace

As part of the "living with COVID" strategy, the laws for employers and employees on COVID will be scrapped.

#### From 24 March:

- COVID provisions for statutory sick pay introduced at the start of the pandemic will end
- ✤ COVID-secure laws for the workplace will become guidance

#### Surveillance

The government has assured that the ONS COVID Infection Survey will continue, allowing scientists to monitor England's epidemic and detect potential new variants.

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## Should I still self-isolate after the law changes?

When Boris Johnson announced his plan this would mean there will be no legal isolation period beyond February.

#### Will I have to go to work if I get COVID?

After 24<sup>th</sup> March it will be up to individual businesses whether staff should come to work if they feel well enough to do so - even if they have the virus.

#### Will my child still have to go to school?

Like businesses, individual schools will have drawn up their own policies on pupil absences. If a child is too sick with coronavirus to go to class, their parents are legally entitled to keep them at home, as with any other illness.

#### What if I have symptoms and I can't get a test?

With the reduction in availability of free lateral flow (LFT) tests, people who experience COVID-like symptoms may be unable to confirm whether they have the virus or not. In this case both public health experts still advised staying at home - if possible - for five days.

#### Will we get fourth jabs?

Currently, a small group of people who are severely immunocompromised or vulnerable to COVID are being offered fourth vaccine doses.

https://www.gov.uk/coronavirus https://www.nhs.uk/conditions/coronavirus-covid-19/ https://fortel.co.uk/covid-19 https://www.mind.org.uk/ https://mhfaengland.org/ https://www.lighthouseclub.org/

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